

COGNOPOLIS *News*

Newsletter of the International Cosmoethical Conscientiological Community

Penta Forum completes a decade and a half



 Nerli Vieira  CI Tenepes

After completing a decade and a half of research, exchanges of experiences and debates with penta technique practitioners, the 15th Penta Forum, promoted by the Center for Advanced Studies of Conscientiology and the International Association of Pentology, brought together people around the world from 13 countries, on December 15th, 2019 at CEAEC. There were 66 participants during the three days of the Forum and 99 people in the opening lecture Advanced Penta and Offiex with doctor and penta practitioner Hernande Leite. One of the highlights of the event was the tribute to penta practitioners with over 15 years of practice in the midst of a dense energy field that occurred after the presentation of the Forum Holomemory by instructor Málu Balona.

The activities began the week before, from December 6th to 12th, at the Fourth Pentology Week, under the theme Advanced Penta and Offiex, with several course presentations and courses aimed at knowing and deepening the technique of the personal energy task called penta, which consists of giving energies for the assistance to other consciousnesses, whether in the physical or nonphysical dimension.

Doctor and penta practitioner Luiz Gonçalves began the fourth week with The Pillars for Self-Confidence of the Penta Practitioner course, working essen-

tial pillars for the self-confidence of practitioners. "A good rapport with the team of helpers and with the assisted, self-qualification for the experience of anticipated forgiveness, taking a few steps back and working to overcome woes, we structure an appropriate environment to develop our self-confidence and walk with penta", explained Luiz.

Mário Oliveira, psychologist, engineer and also a penta practitioner, taught the Penta and Parapsychism Course: developing the interassistential parapsychism. Mario states that the practice of penta as a regular and daily technique is a facilitator that predisposes the development of parapsychic communication.

This 15th Forum included the 12th International Meeting of Penta Practitioners, confirming that debates and research on Penta have been maturing every year since its inception in 2004, when practitioners Cristina Arakaki and Mabel Teles first organized the event. Now in 2019, they epicentered the bioenergetic field during the event. "This meeting made possible the formation of an interassistential bioenergetic field of immeasurable dimensions. I would like to highlight scientificity, disbelief and the experimentation of the penta practitioner. This scientificity is what differentiates penta from practices that we did in the past", said the coordinator of CI Tenepes, Flavio Amado.

Penta is the first step towards reach-

ing the extraphysical energy praxis – the offiex and contributes to extraphysical reurbanization, a project presented during the intermissive course, held between one life and another, explains Hernande Leite. "The most advanced technique of assisting through reurbanisation is through the achievement of the self-offiex.

The offiex is more than a para-ambulatory. It is almost an ICU where, through energetic assimilation with assisted consciousnesses, one promotes and facilitates some kind of treatment" he adds. According to Hernande, this assistance contributes so that some consciousnesses do not need to be transmigrated, can be reborn and follow the evolutionary process on the same planet.

An activity developed for maintenance and qualification of penta is the Penta Dialogues, which takes place on the last Saturday of each month, broadcast live on fb.com/ICTENEPES. Another form is the planetary penta proposed by the Invisible College of Parareurbanology, a group activity where each penta practitioner adopts one or more countries to provide assistance during their penta indefinitely. The intention is to contribute to planetary reurbanization. The intention is to contribute to planetary reurbanization.

The list of assisted countries can be found at: bit.ly/34SjCQS. The activities of the Forum were closed with Acoplamentarium on Penta.

CEAEC's maximum capacity at the Projectiology e Reurbex event

 **Cirlei Gurgel**  **Hilton Gunça**

The first class of the Projectiology and Reurbex course was a landmark and unprecedented by the expressive number of 139 participants, 9 consciential epicenters and simultaneous and total occupation of CEAEC to welcome researchers from Buenos Aires and 23 Brazilian cities, on the 15th, 16th and 17th November 2019, in the Cognopolis suburb of Foz do Iguaçu.

Organized in partnership among the International Institute of Projectiology and Conscientiology (IIPC), the Association of the Center for Advanced Studies in Conscientiology (CEAEC) and the International Association for Conscientiology Expansion (AIEC), Projectiology & Reurbex is a field course that can be translated by the trinomial reurbanisation-reeducation-re-socialization. This was evidenced by the testimony of several students who expan-

ded their awareness during the course and reported insights regarding future installations of the IIPC Foz Campus that will be dedicated to the Projectiology speciality.

Another differential of the event was that it was held in the energy bathing of the International Cosmoethical Conscientiological Community (ICCC), under the auspices of Interlude: the reurbanization communex connected to Conscientiology. "Those who come to Interlude today, when they are lucidly conscious, will understand everything about terrestrial Parareurbanology in progress" (Vieira, Lexicon of Orthothoughts, 2014, p. 897).

The inter-cooperation and integration among the institutions involved was relevant to the success of the course that will have a new edition in 2021, aiming for major reurbanisations.



Lunch at Sabor e Letras Restaurant

5th Anniversary of Megafraternology Dynamics

 **Renata Pialarissi**  **CEAEC**

"Let us seek the best for all with the self-prioritization of interassistential megafraternity. Let us break down borders, walls, doors and windows by opening Universalism with Cosmovisiology, experiencing understanding and exemplifying the Universalism of Megafraternology" (Waldo Vieira, 1932 - 2015).

On November 11th, 2019, 42 people participated in the Megafraternology Dynamics in celebration of the first 5 years of activities. The dynamics were led by consciential epicenters, Marcelo Silva and Patrícia Pialarissi. In the end, the team expressed gratitude to everyone who shared their experiences for parapsychic development during the bioenergetic practices that take place every Monday.

"The Dynamics of Megafraternology aims to create a bioenergetic field with a megafraternity pattern, to enable participants to immerse themselves in those energies, to experience high feelings and to develop lucid self-parapsychism. For that, the participant goes through the condition of self-researcher - debater - energetic field installer, energized and energizing assistant of the energy field", explained Marcelo Silva.

Inspired by the work developed at Ucin, the dynamic was born during the period of the management of Professor



Marcelo Silva who assumed the role of general secretary of the institution on December 11th, 2011 and, at the end of

2012, joined the Council of Epicons. Due to the demands of Ucin the management group realized the need for interassistential bioenergetic activity with a matterhosene linked to the institution - Megafraternology.

Thus, on February 16, 2013, Professor Marcelo Silva epicentered the first activity of the Parapsychic Dynamics of Megafraternology, continuing until November 8th, 2013, with the same team, at the Conscientiocentric Discernimentum Pole. It was inactive for 1 year, returning its activities on November 10th, 2014, already in the premises of the CEAEC Campus. During the first 3 years, participated as epicons of the dynamic, along with Marcelo, the teachers Myriam Sanchez and Patrícia Pialarissi.

Currently, there are applied techniques that were developed during those 5 years in CEAEC:

- Self-Reflected Mental Somatic Paragratitude;
- Self-deliberated Para-forgiveness;
- Evocation of the Extraphysical Central of the Fraternity (CEF);
- Megafraternity Stations;
- Densification of Fraternological DIMENER;
- Holoenergization;
- Self-Recognized Self-benignity; and
- Mega-Fracternoduct.

31st Congregation reaffirms the bond and para-bond

 **Nerli Vieira**  **Unicin**

With the slogan Consciential Bond and Group Evolutionary Harvest, the 31st Congregation of ICs held on December 08th, at CEAEC, had 338 face-to-face participants at Tertulium, 55 online and 351 video views after the event.

The celebration began on December 1st commemorating Volunteer Day. On Saturday, December 7th, there was the Autoproexis - Group Proexis and Conscientiological Areopagus Mentalsomatic Circle. On Sunday, December 8th, the General Examination of Conscientiology took place.

A new feature was the support for the Interpares project: instead of receiving a gift, volunteers were invited to donate dynamics, labs, courses, books, money and other objects that might be useful to other volunteers.

Teacher Málu Balona, representing the College of Conscientiology, recalled the foundation of the Continuous Consciousness Center on September 6th, 1981 in Rio de Janeiro and thanked the support team for the evolutionary harvest.

Editares and Assinvéxis, who turned 15, were honored. Coordinators Guilherme Kunz and Flávio Camargo, who con-



cluded the biennium, emphasized that the community is writing more and more, exposed the assistance points and thanked the readers of the 5 Continents. Assinvéxis coordinator Flora Miranda explained that the CI was giving volunteers a seedling of the flower 'Zephyr lily' or 'wind lily', thanked Prof. Waldo Vieira for having created and encouraged the application of the existential inversion technique and the support of 8 CIs, Srenissimi and evolutiologists who follow the work of the inversors.

Punctual and encouraging was the

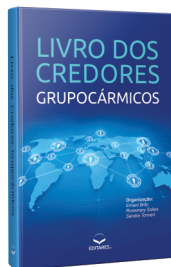
speech by Unicin Secretary General Polyana Colucci, who set challenging goals for 2020: "And come 2020, with challenging goals, perhaps 1000 friends from the Encyclopedia; 1000 verbetographers; 300 researchers taking part in the General Conscientiology Exam; 100 autoverbetes, group completism in the 12 annual challenges of 100% occupation of Conscientiological Self-Research Laboratories, not only at CEAEC, but at the ICCC. So, do you agree? The answer came 'in chorus' and good tone, signed by the volunteers present, accepting the challenge!

Launches

New version of Book of Creditors 2019

 **Rosemary Salles**  **Editares**

The Book of Group-karmic Creditors is a proposition by Waldo Vieira with the aim of having, in the shape of a notebook, a volume where one can make a personal inventory of the list of intra and extraphysical consciousnesses with which karmic balances are identified, creditors or debtors.



Published by Editares in 2015 and with the first edition sold out, a new version was organized in 2019 by the Epígrafe Editora team.

With a personal journal format and lined pages for each letter of the alphabet, the book brings as novelty, besides Waldo Vieira's orthothoughts, the history, contextualization and the last verpons

presented in the Conscientiological Minitertulias about the theme.

The book also introduces which consciousnesses are indicated for inclusion, the types of bonds, and the techniques for optimized fulfillment. Also called the Creditor's Encyclopedia by the proposer, it represents a personal handwritten archive, mnemonic support, and biographical and convivial record-keeping for the purposes of reconciliation, recomposition, and retribution.

Conscientiotherapist volunteer, Ivo Valente, through online lectures and interviews, encourages people to start their own book. "The tip is to name people who the person feels is in debt or has something to thank. It is a preparation for the next intermission, focusing more on the holomemory in order to assist at the post-desoma," explains Ivo.

Verbetes Repository Records Self-Experience

Structured from the idea launched by Professor Waldo Vieira, in 2006, the work contains 215 indications of Verbetes (prescriptions), concentrating investigations on the causes of evolution, prophylaxis against pathologies and accelerators of Personal History. It is a register inventory of verbetographers', facts, parafacts, experiences and intra-consciential recyclings.

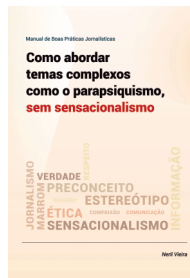


Aiming to propel the beginner's self-research into the universe of Conscientiological Neuroscience, the Verbetes Repository can also be a driving force for remission of weaktraits, fulfilling of lacking traits or qualifying of strongtraits depending on the need and commitment of the consciousness concerned, male or female.

HAPPENING

↙ The Aracê Campus organized the 6th Serenology Week, from 12/27/2019 to 01/02/2020, simultaneously with 7th Serenology Forum and 9th Serenauts Meeting. Among the programming, there were bioenergetic walk in nature and across the terrain of the future Conscientiarium Laboratory, a projective technique of the Projective Mental Target - Interview with a Serenissimus, the 19th Imagery Test in partnership with CEAEC, conferences, debate tables and the launch of the book Serenarium organized by Ana Seno and Eliane Stédile.

↙ Media sensationalism in addressing complex topics such as parapsychism was the theme defended in the conclusion work of the journalism course of volunteer Nerli Vieira, having as a product a good practice manual directed to communication professionals.



The defense took place on November 20 at the University Center Dynamic Union of the Falls, in Foz do Iguaçu.

↙ To celebrate the 15th anniversary of the Union of Conscientiocentric Institutions, on January 19th, 2020, there will be a Morning Tertulia with the theme `Unicin` at the Ceac amphitheater, with a commemoration cake of the decade and a half of works for the conscientiocentric institutions and the conscientiological volunteering. The International Cosmoethical Conscientiological Community is invited to honor and celebrate together.

CEAEC is a permanent host of to Brazilians and foreigners

📷 Nerli Vieira 📷 CEAEC

In just 8 days, in addition to volunteers from Brazil and several countries, more than 190 visitors came to the CEAEC Campus, among them: groups from Argentina, Maringá/PR and Jaraguá/RS, students from Unila and Faculdade Uniguaçu - Faesi from Sao Miguel do Iguaçu.



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